



Scheduling Guide

Summit School Scheduling Guide

Scheduling

Custom Scheduling

We will work with you to design the perfect schedule to fit the needs of your group. We realize that each group is unique and has different needs. The groups that come up to Summit School range from the strictly educational in purpose to community building to just plain fun. Wherever your group's purpose falls in this wide spectrum, we will work with you to maximize your time with us to meet the goals of your group.

Scheduling Process

We have a wide range of activities and classes, and it is impossible to fit all of these into just one visit. Read through our activity lists and get a feel for the classes and activities you think your group would benefit from most. Then call us, and together we will create a schedule that maximizes your group's time with us. *Don't forget to check out the sample schedules at the end of this packet!*

Classes and Activities

Most classes and activities are done in rotations. The group as a whole is broken up into 2 – 6 smaller groups; each of these groups rotate through the different activities chosen. Classes/Activities can run from 1 ½ Hours to 3 Hours depending on the schedule. It is our recommendation that we keep the classes short. As you know, kids don't have the longest attention spans. Even the Zip Line can become boring and lame if the kids spend too much time there. Our experience with classes and activities is to keep them shorter. This will leave the kids wanting more and excited for the next class.

Classes

Map & Compass

Students will learn basic compass and topographical map reading skills. These skills will then be put to the test as students navigate their way through the woods on our Orienteering Course.

*GPS Basics - **New!***

Learn how to navigate using a GPS unit. With a variety of different activities, students will learn how GPS units work, the technology behind them, and how to set and follow routes, tracks and waypoints. The Map and Compass class is a required rotation to add GPS Basics to any schedule.

Wilderness Survival

The mountains can be a very unforgiving place. Students will discover techniques and tricks that will prepare them for wilderness travel and what to do if they become lost. Students will also learn the Ten Essentials for wilderness survival, how to build a shelter, and how to start a fire.

Basic First Aid

Students will learn basic first aid principals and techniques. Practice with partners allows the students hands-on experience and backs up what they have learned.

Certifications for students may be available for your group, please call.

Trees

Students will participate in a variety of different activities exploring and learning about Colorado Timber. Main activities center on the topics of Tree Identification, Tree Anatomy, Tree Growth/Rings, and Life Zones.

Rocky Mountain Geology

Learn how mountains are built and formed. With a variety of different activities, students will learn about Plate Tectonics, Mountain Building, Mountain Formations, Erosion, and Glaciers.

Water Ecology

Students will explore a stream environment as they catch, identify and release Macro Invertebrates. Students will also learn about the Water Cycle, how to test water conditions, Colorado fish identification, and the student's favorite, the raft race (water velocity).

Animal Tracks and Trails

Class covers a wide range of material on animals found in Colorado, as students participate in activities and learning games. Predator / Prey Relations, Animal Characteristics, Evidences of Life, and Animal Camouflage are the main topic areas.

Teachers Choice

Many times a teacher or a parent from the school will have an area of expertise that they would like to share with the students. If this is the case, we would love to work it into our activity rotations and accommodate their needs if possible.

Activities

Low Ropes Course

The Low Ropes Course provides a progressive series of team building activities that enable the students to develop trust in each other, solve problems together, and develop communication skills. This is a great activity for all ages and is a highly effective tool to build community.

Zip Line

Hey, sometimes you do something just because it's fun! Safely jump from a thirty-foot high platform and enjoy a wild three hundred foot ride. Not only is it fun, but it can also be a big confidence booster for timid students.

Hiking

As an activity rotation, students can load up on our buses and go on a short hike in Rocky Mountain National Park. Teachers can choose from two hikes: Twin Sisters Overlook (harder) or Lilly Lake (easier). Students get physical exercise while they learn to appreciate hiking as an activity and the natural beauty of the surrounding area.

Teachers Choice

Many times, Teachers will have an activity that they want to do with the students. Crafts, games, and School Spirit activities are just a few that we have had in the past. If this is the case, we would love to work it into our activity rotations and accommodate their needs as best as possible.

High Ropes Course

Students move through a series of elements twenty feet above the ground. These fully protected and supervised exercises are designed to allow participants to work on personal and group goals. These goals may include building self-esteem, breaking through barriers, and pushing perceived limits. *Extra Cost*

Climbing Tower - New!!

Introductory Rock Climbing experience for students, that teaches basic technique, safety, and skills. Routes vary from 5.4(Easy) to 5.9(Hard).
Extra Cost

Rock Climbing

Intermediate Rock Climbing experience on real rock for students, that teaches basic technique, safety, and skills. Routes vary from 5.4(Easy) to 5.9(Hard).
Extra Cost

Activities In Rocky Mountain National Park

Hiking

Many schools enjoy going into the park for some of their activities and learning. Let us take you into the park on our school buses at no extra charge. We can make it a half-day to full-day experience exploring RMNP. All hikes can be done strictly as a hike or as an interpretive hike, where Instructors stop along the way for teaching opportunities. Listed are some of the more popular hikes in the Park.

Gem Lake – Tucked up into Lumpy Ridge, the Gem Lake hike offers a good challenge for students as they come to several overlooks that look over the Estes Park Valley.

Twin Sisters – Located in the park and just a few minutes from camp, the Twin Sisters hike can be a lot of fun. This hike takes students to the first big overlook, which looks over the Tahosa Valley, down onto camp, and is a spot used for taking postcard shots of Long's Peak.

*Cub Lake** – Located at the upper end of Moraine Park, the Cub Lake trail takes you past beaver ponds and prime Elk territory as you work your way to Cub Lake. Make it a longer trail, by heading up to the “Pool” and ending up at the Fern Lake Trail Head.

*Beaver Meadows** – Take a loop trail up to “Lunch Rock” which overlooks Moraine Park, a great place to teach about glaciers and geology. This is also a good place to see Elk and your best chance to see Coyotes.

*Sprague Lake** - Easy hike around a small lake, which provides many different teaching opportunities; Tree Identification, Water Ecology, Ecology,

*Lock vale** – This hike has a little of everything. On your way to Lock Vale, you will pass several waterfalls, stand on awe inspiring outlooks, and near the end be surrounded my mountains on every side. This hike takes work but is worth the effort.

**Hikes that require schools to apply for Entrance Fee Waiver.*

Moraine Park Museum

Spend some time at the Moraine Park Museum, as Park Rangers greet you and give a nature talk before the students explore the museum. To increase student learning, students get worksheets that make students read the different kiosks. The museum's main areas of information include Geology, Ecosystems, Colorado History, and Climates/Weather. *Note: the School must reserve this activity through the Park.*

All Group Games

The Survival Game

Students run around camp as “Prey” trying to find “Food” and “Water”, meanwhile the Teachers and Instructors are “Predators” and chase the “Prey” with Super Soakers. Kids learn the challenges prey have in surviving, and the Teachers get revenge.

Organized All Group Games

We have a large number of all group games that your Gym Teacher has probably never used or seen. Usually used as an energy releaser and lasting 45 minutes to an hour.

Evening Activities

Night Hike

Night Hikes are focused on capturing the mystique of the darkness. Our civilized society enables individuals to surround themselves with artificial light and noise constantly. By keeping groups small, not using flashlights, and focusing on quiet movement, the sights and sounds of the mountain night comes to life. While out, students will participate in a variety of educational and fun activities.

Campfire with Songs and Skits

Let us entertain you as our Instructors go crazy with songs and good, clean, funny skits. This is the highlight of the week and is always fun for students, teachers, and Instructors.

Guest Speakers

We have guest speakers that will come up for a reasonable fee to entertain and inform your group on a variety of different topics. Most presentations last 1 ½ to 2 hours, and are a big hit with the students. [Check out Guest Speakers Packet for more Info.](#)

Talent Shows

Some schools will organize student talent shows, where students sign up weeks in advance for the chance to show off their talent. Talent shows are usually held in the Chapel, which has a stage and if needed, a sound system with tape and CD player.

Skit Night

Skit night is usually run two ways. Each cabin group makes up a skit and performs for the school, or the teachers make up skits and perform them for the students. It helps to have a funny teacher act as the Master of Ceremonies.

Movie Night

Watch a teacher-selected movie (educational or fun) on our big screen projector. Let us add popcorn and juice and you have a night out at the movies.